

OPINION

By Ass. Prof. Ivan Stoilov Stoilov, PhD
Department „Physical education and sports“ with the UNWE, Sofia

Regarding: Dissertation paper for acquiring of educational and scientific degree “Doctor” in professional direction 7.6. Sport.

Author of the dissertation paper: Danail Georgiev Ivanov – candidate for a doctorate, regular form of education with Department „Football and tennis“.

Theme of the dissertation paper: „Specialized methods for preparation of 12-13 years old football players“

Scientific Head: Ass. Prof. Emil Atanasov, PhD

Reason for presentation of the opinion: Participation as a member of the scientific jury on the defence of the dissertation paper, according to Order No. ZP -1324/09.10.2020, of the Rector of NSA „Vasil Levski“

1. Information for the Defender of the dissertation

Danail Ivanov was born on 09.04.1988 in Sofia. In 2008 he started his education in NSA „Vasil Levski“, graduating as a football trainer in 2012. In 2015 he completed a Master’s degree in NSA. He has been employed as a trainer in FC Olympia (2013-2018), and since 2018 he is a part of the trainer’s team of PFC Levski. He is a holder of WEFA A License, as well as a number of other certificates and professional achievements.

The Defender of the dissertation has presented for consideration his dissertation paper at the Department „Football and tennis“ of NSA, according to the requirements of the Regulation for applying the Law for academic staff in the Republic of Bulgaria. Revealing the procedure on the defence of the dissertation paper has been done grounding: decisions of CS No.112/01.10.2020.

2. Brief characteristics of the dissertation paper presented

The dissertation paper presented for reviewing is of volume 156 printed pages, illustrated by 47 Tables and 24 Figures, 8 pages used literature and 31 pages applications. With high practical value are the presented in application 2 practical programmes for preparation, where the focus is on mastering the technical mastership, via using contemporary and various means.

The dynamic development of football game, the continuous increasing of the sport skills and competition is a characteristic feature of the contemporary sport. This supposes such changes in the management and organization of training process that would lead to perfection and support in the realization of higher results. The increasing of the number of the playing situations, decreasing of the time for taking of decisions, necessity of speed technique are decisive factor requiring optimization of the preparation of football players at children’s and juvenile age. That’s why the investigation theme chosen, connected to the preparation of

growing up football players is timely and with actual significance and practically-applied realization.

The dissertation paper offered corresponds to the main requirements for such developments, it includes Introduction, three main Chapters, Conclusions and recommendations, formed up in forth Chapter and Literature used.

Basing the wide literature survey, the author has investigated 113 literature sources (49 in Cirylic alphabet, 58 in Latin and 6 Internet sites) in Chapter 1 the following work hypothesis has been drawn – „We suppose that the constructed by us programme for yearly preparation on football for 12-13 years old football players would increase the effect of the training process, as well as the level of the separate sides of their preparation.“

In Chapter two the aim, tasks, methods and organization of the investigation have been drawn. The aim and the five tasks resulted out of it are clearly and precisely formulated and they follow the logic of the hypothesis drawn. The used investigation methods give opportunity for an objective analysis and reaching the tasks of the investigation.

Chapter three is extremely well illustrated by Figures and Tables, precise interpretation has been made of the objective indices from the carried out investigations.

The conclusions made and recommendations in Chapter four ground the tasks set giving reply to the formulated hypothesis of the investigation.

3. Assessment of the received scientific and scientifically-applied results

In the dissertation paper Danail Ivanov makes a thorough analysis of the age peculiarities of organism and puberty age specifically. The physical preparation and sensitive periods for development of motor qualities has been discussed. The remaining parts of the sport preparation have been also discussed in details. What makes impression is the actuality of the literature used, as well as the creative interpretation and opinion of the author on the issue under survey. Inquiry has been conducted giving valuable information regarding the way of work of Bulgarian experts in Children's – juvenile football. Weekly-block periodization per separate parts of the sport preparation has been made. Co-relation analysis presents possibility for establishing big and significant connections in the separate elements of the sport preparation.

4. Assessment of the scientific and scientifically-applied contributions

The main advantages and contributions of the dissertation paper are the following:

- Actual and important issue, connected with the preparation of 12-13 years old football players;
- Profound analysis of literature resources has been carried out;
- Complex methods has been created and approbated for preparation of 12-13 years old football players;
- Test battery for control and assessment of motor qualities and technical capabilities has been created with 12-13 years old football players;
- Conclusions and recommendations for the process of a profound development and perfection of 12-13 years old football players are presented in summery.

5. Assessment of publications on the dissertation

Two publications have been presented. One of them reflects specific results from the process of scientific development of the dissertation paper. In both articles, Danail Ivanov is a co-author. The publications presented fully correspond to the requirements.

6. Assessment on the author's summary of dissertation

The author's summary of dissertation has been prepared correctly. The main moments and results from the carried out scientific investigation have been noted.

7. Critical notes, recommendations and issues

My recommendation is connected with the possibility for preparation of a normative base for assessment of the achievements of the separate contestants. The experiment carried out and the registered results are a good base for this to happen..

8. Conclusion

The dissertation paper contains scientific, scientifically-applied results that are original contribution to the science and conform to all requirements of the Law for development of the academic staff in the Republic of Bulgaria. The materials presented and the dissertation results fully conform to the specific requirements in the area given. Grounding all above and knowing the personal qualities of Danail Ivanov, I propose to the esteemed members of the specialized scientific jury to award Danail Georgiev Ivanov with the educational and scientific degree DOCTOR in professional direction 7.6. Sport.

Sofia
06.11.2020

Prepared by:.....
/Ass. Prof. Dr. Ivan Stoilov/